Recent Recipients of Awards

2009 Carer of the Year Paddy and Anne Peppard, Trim, Co. Meath

Paddy and Anne Peppard provide care for their son Leslie (aged 42) who was left brain damaged when he was knocked over by a car at just 4 years old. Leslie is wheelchair-bound, suffers from epilepsy and needs 24 hour care. Sadly the Peppards lost six sons to Cystic Fibrosis when they were all infants. It was in between this time that Leslie had the accident. Paddy and Anne are now aged 71 and 75 and celebrated their 50th Wedding Anniversary in November 2009.

2009 Young Carer of the Year Maria Maher, Ballincollig, Co. Cork

Maria has been caring for her mother since she was 13 years of age. Maria's mother is a permanent wheelchair user following an accident and requires help with all her daily needs such as washing, dressing and cooking. Maria successfully completed her Leaving Cert in June and is studying Food Science in UCC.

2008 Carer of the Year Noel Timothy, Newcastle, Co. Galway

Noel provides care for his wife Evelyn who has multiple physical disabilities and dementia. He also cares for his son James who has a moderate learning disability and also provides support to his other son Steven who has physical disabilities following a serious motor bike accident three years ago. Noel carries out all his caring duties with great kindness and affection.

2008 Young Carer of the Year Mary Condon O'Connor, Cahir, Co. Tipperary

Mary is eleven years of age and helps with the care of her sister Aine who has autism. Mary is a very caring child and sensitive to the needs of her sister. She displays an unwavering amount of patience and kindness on a daily basis with her sister and helps her mother with the caring needs of her sister.

The Emergency Response Carers of the Year Awards 2010 on behalf of **The Carers Association** and **Emergency Response**

A member of the Tunstall Group Help us find Irelands **Family Carers of the Year** And Irelands Young Carer of the Year



Founded in 1987 The Carers Association is the National Voluntary Body and registered charity for family carers (CHY 10962). FREEFONE 1800 24 07 24 Website: www.carersireland.com

How long has this person been a Carer?

If you would like to know more about the services that The Carers Association offer, please tick the box



Nomination Form





Prizes include Cash Prize Commemorative Award Weekend Break in Ireland Laptop Computer

To request a nomination form please call FREEFONE 1800 24 07 24 or download from our website www.carersireland.com



Throughout Ireland, Family Carers dedicate themselves to providing remarkable levels of care in the home to their loved ones. Once a year we can give them the acknowledgement they deserve through the Carers of the Year Awards. Emergency Response and The Carers Association needs your help to identify these carers. If you know a Carer whether a relative, neighbour or a friend who you think should be recognised and rewarded for the extraordinary levels of care they provide to a loved one, then please fill in the nomination form on the back page and return to us.

There are two categories of awards:

Carers of the Year Awards and the Young Carer of the Year Award.

Who is a family Carer?

Family Carers provide high levels of care, at home, for children and adults with special needs, severe disabilities, mental illnesses, frail older people and people who are terminally ill. Carers need to be constantly available due to the high levels of social and health care needed at home and in case of emergency. The Carers life centres on the needs of the person requiring care. Carers often overlook or suppress their own health and emotional needs in their concern for looking after the person they love.

Who is a Young Carer?

Young Carers are Carers under 18 years of age who provide care to ill or disabled relatives in the home. Their work often goes unrecognised and their own social, health and educational needs are often neglected.

The Carers Association

The Carers Association is Ireland's national voluntary organisation for and of Family Carers in the home. We aim to provide family Carers with emotional and practical supports; to promote the interests of family Carers and those receiving care in the home through effective partnership, lobbying and advocacy and to gain recognition and social justice for Carers invaluable contribution to Irish Society. All the Associations 16 resource centres and two service projects provide a range of information and supports for family Carers.

Emergency Response Ltd-Sponsors

Emergency Response Ltd is Ireland's largest dedicated response centre that provides telecare solutions to support independent living. Emergency Response Ltd is a quality provider of personal, home and workplace monitoring solutions. Committed to achieving excellence in customer satisfaction they provide customers with cost-effective, flexible and high quality products and services on a 24 hour basis. Their telecare systems can monitor the person's activities and safety whilst providing reassurance through effective communication with the monitoring centre through the lifeline unit.



A member of the Tunstall Group

How to nominate a Carer

Simply fill in the nomination form overleaf, giving details as to why the Carer should be considered for an Award.

Then send it, together with any other information you think is necessary to:

Carers of the Year Awards The Carers Association. Market Square, Tullamore. Co.Offaly

FREEFONE: 1800 24 07 24 www.carersireland.com

Closing date for receipt of nominations is Friday 10th September 2010.

If you have any questions, or would like another nomination form, please contact The Carers Association on Freefone 1800 24 07 24 or visit our website www.carersireland.com.

Four Regional Carers of the year will be chosen from all the entries received.

Three Regional Carers will receive a Commemorative Award and a weekend break in Ireland for two people.

The National Carer of the Year will be chosen from the Regional Carers of the Year and will receive a Commemorative Award and a Cash Prze.

The Young Carer of the year will receive a Commemorative Award and a laptop computer.

In recognition of their nomination, each Carer will receive a Commemorative Certificate as a memento.

Please tick

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FREEFONE: 1800 24 07 24

www.carersireland.com

Closing date for receipt of entries is Friday 10th September 2010. Decision of the judges is final. No correspondence will be entered into.

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Outline the main reasons why you believe this Carer should win the Carers of the Year Award in the following space provided (please turn overleaf for further The