



Advocating for Lesbian and
Bisexual Women in Ireland

Newsletter 1st December 2010

Welcome to this week's newsletter



Bingo

LINC and The Other Place have organised a fun Bingo Night this Friday night at 8pm. Come for the craic and see Clive & Toddy in action. All fee entries will be put back into the pot for cash prizes. Bring Your Own Wine!!

Please Note That Communication Skills Training last night was cancelled due to the bad weather conditions. LATE LINC tomorrow night will not go ahead either due to the cold weather spell that we are having. However we are open from 11am until 3pm so pop in!!!



LINC CHRISTMAS CRAFT FAIR

The Craft Fair this year will take place on Saturday 11th December 12-4pm at LINC.

If you would like a stall please contact Red to put your name down.

Places are, obviously, limited.

The cost of a stall is €10 or 5% of your takings (whichever is the lesser amount.)

We will be promoting the fair as much as possible and would like it to be the best one ever, so please, please, encourage your friends to either have a stall themselves or to turn up on the day to do their Xmas shopping.

Closer to the time we'll let you know what stalls will be there



LINC Christmas Party

The Christmas Party will be taking place on Thursday 16th of December at 8pm.

Mulled wine & Mince Pies.

(Non-Alcoholic Mulled also Available)

Women Only



LINC Kids Christmas Party

This will take place on Sunday the 19th of December 2-4pm

Bring the kids along to see Santa.

Please email info@linc.ie with name & age of children attending.

Latest for submitting children's details is next Monday 6th December.

Autumn/Winter Training Schedule

Course	Date	Duration	Time	Cost	Places Left
Occupational First Aid (Accredited)	Jan 2011 TBC	Saturdays	11-1pm	€60	8
Communication & Stress Management	7 th , 14 th Dec	12.5 hrs	7-9pm	Free	8
Breast Check Awareness	TBC			Free	
Talk on Bisexuality	TBC	2 hrs		Free	
Creative Writing	Sat 8 th Jan 2011	2hrs	11 to 1pm	Free	

Training Details

IT Training

Basic IT support is still available on an ad hoc basis. If you would like support accessing emails, the internet, using Facebook etc, please call Red to book in a suitable time.

Occupational First Aid

This has now been rescheduled to January. The dates have not yet been set. If you are, in principle, interested in this accredited course, please contact Red with your availability. The course lasts 24 hours and will be on Saturdays from 11-1pm in January.

Creative Writing

This course is steadily filling up. If you are interested, please get your name down fast to avoid disappointment.

PEER SUPPORT GROUPS

Bisexual Women's Group

We have a facilitator lined up for the Bisexual women's Group so if you're interested please contact red@linc.ie or call office on 0214808600
Confidentiality is assured.

Phase 2 (Group for Older Women)

The Older Women's Group meet every Sunday 6 to 8pm. Contact office for more details.

The Phoenix Youth Group

We have had a few new faces into the PHOENIX in the past few weeks. They are busy doing the mural so it was all systems go here last Wednesday evening. Please pass the word on that the group meets each week from 6pm until 8pm.

As mentioned last week, in the New Year we will be restarting the Lesbian Parenting Group and The Married Women's Group, if there is enough interest.

Please contact the office if you would like to either attend, or indeed to facilitate, one of these groups for a six week period.

Contact Details for Groups

- ❖ Women In Recovery Every Friday 6pm Contact 086-8816725 or 086-8261201 for more details
- ❖ Mna Mna Choir Every Thursday 8pm Contact info@linc.ie Newcomers welcome.
- ❖ Youth Group Every Weds 8-10pm Contact tina@linc.ie 021-4808600
- ❖ Book Club Contact Office for details
- ❖ Women's Tennis Source Health & Fitness €10 8-9pm every 2nd Monday.
Open to all levels. Contact Sheila on 087-6129040. Use of gym also included

What's On/Events Calendar?

December 2010

<u>Mon</u>	<u>Tues</u>	<u>Weds</u>	<u>Thurs</u>	<u>Fri</u>	<u>Sat</u>	<u>Sun</u>
		<u>1</u> Phoenix Youth Group 6-8pm	<u>2</u> Mna Mna Choir 8pm	<u>3</u> Women In Recovery 6-8pm Bingo @The Other Place 8pm	<u>4</u>	<u>5</u>
<u>6</u>	<u>7</u> Communication Skills 7.30-9pm	<u>8</u> Phoenix Youth Group 6-8pm	<u>9</u> Mna Mna Choir 8pm	<u>10</u> Women In Recovery 6-8pm	<u>11</u> Craft Fair 12-4pm	<u>12</u>
<u>13</u>	<u>14</u> Communication Skills 7.30-9pm	<u>15</u> Phoenix Youth Group 6-8pm	<u>16</u> LINC Christmas Party 8pm	<u>17</u> Women In Recovery 6-8pm	<u>18</u>	<u>19</u> Kids Xmas Party in LINC 2-4PM Mixed Event
<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u> Xmas Eve	<u>25</u> Xmas Day	<u>26</u> Stephens Day
<u>27</u> <u>CLOSED</u>	<u>28</u> <u>CLOSED</u>	<u>29</u> <u>CLOSED</u>	<u>30</u> <u>CLOSED</u>	<u>31</u> <u>CLOSED</u>	<u>1</u> Happy New Year	<u>2</u> <u>CLOSED</u>

What's Happening in the LGBT Community



Loafer's Present "Stars in Your Eyes 2010"

Every Friday with grande finale on December 17th

All proceeds go to Breast Cancer & Prostate Cancer Research
If interested in taking part please contact Sinead @ 0871208535
Or email sndmrry@yahoo.ie



Are you interested in meeting up for some food and few drinks after, well if you are, sOUTH LGBT Waterford is hosting a meal at Fitzpatrick's Restaurant, Waterford on the 11th December at 7.15pm. The Restaurant offers a 16eur price for 2 course meal.

We hope you can make it and would like to join us! If you are interested, would like to book your place or/and need more information, please contact Grainne on 0876702543



Building Sustainable LGBT Communities

LGBT Diversity held its first National Conference 'FOUNDATIONS' last Monday Nov 29th. Patricia Prendiville opened the conference followed by a warm and uplifting address by President Mary McAleese.

The focuses of the conference were:

1. Building the capacity of Lesbian, Gay, Bisexual and Transgender (LGBT) Organisations
2. Building a strong foundation for cohesive LGBT work
3. Building sustainability of the LGBT sector

Despite the weather, the conference was well attended and many stayed to attend the afternoon workshops: Managing and recruiting volunteers; Governance/capacity building; LGBT Spaces; Funding; and Parents and Family Support.

Congratulations to the LGBT Diversity Staff Team, Working Group and the volunteers for such a successful and thought provoking day

The National LGBT Helpline is now Live!!!

**LGBT
HELPLINE**



300,000

three hundred thousand
point three million
trí chéad míle

lesbian, gay, bisexual & transgender
people in Ireland

**LGBT
HELPLINE**

1890 929 539

lgbt.ie

COUNSELLING

Details of the counselling services will be available by the blue notice board in envelopes which people can take if they need them. Remember LINC offers 6 free sessions with any of the services. You just need to mention that you are LINC community member when you ring for an appointment

Student Life

UCC LGBT

UCC's Got Talent is on December the 1st in the Pavillion. Doors open at 7.30pm, entry is €8. All proceeds go to the Southern Gay Men's Health Project and AVERT; two HIV awareness charities.

It's set to be a great night with 12 amazing finalists and very special guest performances from Ladydoll, Dearmaid O'Leary and Darragh McGann. Please come along and support us!!

Wednesday we are having a coffee and cookies meet-up in UCC's Common Room at 7.30pm (meeting outside UCC student Centre at 7:15)

CIT LGBT

We are hoping to go out for a Christmas meal on Wed 8th Dec @8PM in Captain Americas, South Main Street and need numbers to book the restaurant. If interested please email lgbtcit@gmail.com Thanks

Hey everyone, this week we are having a night at the movies and are seeing "Unstoppable" Wed 1st Dec @ 6.45PM, Gate Cinema. Tickets are €7 with €5 refundable from the Societies Office with ticket stub.

We are meeting outside the Gate Cinema @ 6.30PM.

See you all there

Free Counselling

Just a reminder about the free counselling sessions which LINC has access to. Community members can avail of this via LINC or directly to the service provider. Women who would like to avail of this service are guaranteed confidentiality.

Carmel Hammil	021 4358372
Coisceim	0214666180 087 7998602
Oak Tree	087 7565490

Facebook

Please click this <http://www.facebook.com/?ref=home#!/pages/Cork/LINC/126359424084795>

If you are on Facebook as it is our new LINC Facebook page.

We need everyone in the community to join to click on the left hand side of the page SUGGEST TO FRIENDS and send it to those that you think may be interested!!

Twitter

We are now on Twitter Follow our Tweets by clicking this link
<http://twitter.com/#!/LINCwomen>

Text Alerts

If you wish to sign up to text alerts please email info@linc.ie



**Opening Hours : Mon,Tues,Weds 11am until 3pm, Thurs 11am until 8pm
Pop in for coffee, chat or information.
[0214808600](tel:0214808600) info@linc.ie www.linc.ie**